



Do you know about the four steps to manage asthma?

With the right care every child or young person with asthma can live a full, active life:

1. Get an asthma action plan in place
2. Understand how to use inhalers correctly
3. Schedule an asthma review – every year and after every attack
4. Ask about the impact of outdoor and indoor air pollution

Join us for **#AskAboutAsthma** from 11 - 17 September 2023 for information on access asthma, podcasts, webinars, blogs and more:

Scan this QR code or find more information at:
www.transformationpartnersinhealthandcare.nhs.uk/ask-about-asthma

